Significance of shadowing and its contribution to the development of competent healthcare providers

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In medical education, shadowing experiences serves as a crucial link between theoretical understanding and real-world application. Shadowing is essential for the growth of compassionate and well-rounded healthcare workers because it exposes prospective doctors to real-world clinical settings, offers them opportunities for personal and professional growth, and provides them with mentorship from seasoned professionals. Institutions and educators should keep stressing the value of shadowing and offer students structured opportunities to take advantage of this excellent educational resource.

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